

**Stage 4 Risk Assessment**

**Modified Training**

**COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL**

*Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.*

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball’s latest guidance.

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| **Our club name: ROUNDWOOD NETBALL CLUB** | **Our COVID-19 Officer is: SARA PALMER** |
| **Name of activity: STAGE 4 NETBALL TRAINING/MODIFIED MATCH PLAY** | **This activity takes place at :** *SHIRLEY HIGH SCHOOL* |
| **Who is carrying out this assessment? SARA PALMER** | **We will review this risk assessment next on: 20/09/2020** |
| **Date of the Risk Assessment: 20/08/2020** |  |

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| **What are the Risks?** | **Who might they affect?** | **General controls to be put in place** | **Activity specific controls to be put in place** | **Who will be responsible to action?** | **When does it need to be actioned by?** | **Is it complete?** |
| **For some people, the risk of COVID-19 is higher** | Players, coaches, officials, volunteers, parents | High risks groups are aware of the risks involved in netball and have access to the personal risk assessment  Participants have the choice if they would like to attend sessions and ‘opt in’ to activity  There is no pressure from coaches, club volunteers or other players to join Netball training sessions | All members are emailed with personal risk assessment form and opt in form. Members must consider carefully their personal circumstances before opting in to returning to netball.  Members consent to opt in policy using EasyRegisters.com account  RNC coaches will make all training as safe as possible, following all mitigation procedures and modified rules to reassure members. | SP  Coaches | 1st September 2020 |  |
| **Someone returns too soon following a case of COVID-19** | Players | Players are aware of the risks of exercising post a case of COVID-19.  Players advised to follow the advice of their GP or Consultant | Members encouraged to seek medical advice before returning to netball after case of Covid-19. All self-isolating procedures must be adhered to. | SP  All members (Parents of U18’s must make appropriate decisions for daughter). | All sessions going forward |  |
| **Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms** | Players, coaches, officials, volunteers, parents | Provide clear information to all members of potential COVID-19 symptoms  Ensure pre-travel health screening is undertaken prior to travelling to activity  Undertaken a further health screening before entry into session  Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119 | Temperature checks on arrival using IR thermometer. Anyone above 37.8 will be asked to return home.  All members registered into training session and matches using EasyRegisters.com  All Test and Trace procedures followed using QR code/engage link. | Coaches  SP and all members for Test and Trace | All sessions going forward |  |
| **Transport to and from activity** | Players, coaches, officials, volunteers, parents | Car sharing outside of household is not permitted  Adherence to Government guidance on travel and public transport | If this is not possible, face masks must be worn at all times throughout journey.  Allow for squad sizes to be flexible in case of members unable to attend match due to transport problems. | All members | All sessions |  |
| **Droplet transmission** | Players, coaches,  officials, volunteers, parents, members of public at venue | Gaps scheduled between groups  Maximum of 30 people per netball court (inc players and coaches/volunteers/officials)  If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court  Reminders to maintain social distancing on arrival at venue  Congregating before or after netball training session is not permitted.  One way systems in place to manage entry and exit onto court  Signage and floor marking in place.  Name & contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles)  All netball activity uses COVID-19 rule modifications  Beginner players continuously reminded of modifications  Circle players reminded more regularly  Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible.  Parents and spectators remain socially distanced and gather in groups of no more than six  Shouting is not permitted. | Training sessions will be 50 minutes, with 10 minutes change over between sessions.  Outdoor courts only will be used to enable all members to access activity.  All to follow one-way systems around venue.  All equipment will be sanitised between sessions and at 15 minutes intervals during activity.  Attendance registers maintained on EasyRegisters.com for Test and Trace.  No bibs will be shared.  Coaches/officials remind everyone of social distancing and rule modifications.  Spectators will be asked to remain socially distanced by 2m and not to shout. | Coaches  All members  Spectators | All sessions |  |
| **Fomite transmission via surfaces in venue** | Players, coaches,  officials, volunteers, parents, members of public at venue | Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals)  Confirm with venue operator rigorous and regular cleaning processes are in place.  Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place  Regular disinfection of such heavily used areas  Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility. | RNC will provide sanitiser wipes and solution for balls/posts and any other equipment being used.  Equipment will be sanitised every 15 minutes minimum.  Ensure we have a copy of SHS Covid-19 policy and Risk Assessments for areas of use. | SP  Coaches  Officials | 1st September for initial confirmation of venues operating procedures.  All sessions must involve sanitising. |  |
| **Fomite transmission via equipment** | Players, coaches, officials, volunteers and parents | Hand hygiene protocols in place prior to attendance and upon arrival    Encourage players to bring their own ball if possible  Hand sanitiser and wipes to be available during sessions  All equipment including posts to be sanitised before and after each training sessions  Bibs washed prior to each session and not shared if possible  Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes  Sanitise post if players touches before play resumes    Water bottles and whistles must not be shared and any left at end of session should be disposed of  Suitable waste facilities available to dispose wipes and sanitisation materials | All equipment sanitised before use, during use (every 15 minutes) and after use.  Hands sanitised. All players asked to bring their own hand sanitiser.  RNC’s first aid kits will have hand sanitiser available.  If/when bibs start to be used – these will only be used for one session and not shared or reused by any other group on the same evening. All bibs will be washed at 60 degrees after use. | SP  Coaches  All members | All sessions. |  |
| **Airborne transmission** | Players, coaches, officials, volunteers and parents | Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.  If indoor facilities are the only available option, the following must be in place;  Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.  Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.  Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider  Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed | RNC will use outdoor courts.  Coaches and officials must stay 2m away from members. | SP  Coaches | All sessions |  |
| **Activity and common netball behaviours** | Players, coaches, officials, volunteers and parents | Sessions are planned with Stage 4 rule modifications including warm ups and small sided games  At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules  Modifications and non-permitted common netball behaviours are communicated prior to activity commencing  Players are briefed again at the beginning of sessions  Beginner players and circle players are prompted more frequently  Activity is planned appropriately after a substantial break from the game to reduce risk of injury | Coaches will collaborate on planning to ensure content is Stage 4 appropriate.  Coaches explain all modifications before sessions begin.  All members asked to watch EN rule modifications video. Confirm this on EasyRegisters.com  Coaches/umpires have the right to remove players not adhering to the modified rule changes in training sessions. | Coaches  Officials | All sessions. |  |
| **Junior players and vulnerable adults** | Junior players, vulnerable adults, parents of junior players and/or vulnerable adults | Clear and regular reminders of rule modifications during session  Increase regularity of social distancing and rule modifications reminders for the youngest players (U11’s)  Practices and coaching aids to demonstrate required distances  Use of assistant coaches and other adults to remind junior players | RNC coaches will ensure clear guidelines to enforce rule modifications. | Coaches  Officials  Volunteers | All sessions. |  |
| **Toilets and changing rooms** | Players, coaches, officials, volunteers and parents | Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly  Players arrive ready to play, use of changing room is not permitted  Thorough hand washing after use of toilet facilities is encouraged  Hand sanitiser to be available on courts so use of toilets is not needed for hand washing | Members reminded toilet facilities are only to be used in an emergency.  Players must not gather in toilet or changing areas before/after activity. | SP  Coaches  All members | 1st September for initial check of operators procedures.  All sessions. |  |
| **An injury is sustained whilst social distancing is in place** | Players, coaches, officials, first aider | Hands to be sanitised before and after  First aid to be administered with non-surgical face mask and gloves  Follow guidance as per St Johns Ambulance  Complete accident form  Ensure any waste is disposed of safely | RNC will provide disposable face coverings and gloves in first aid kit. These are available for coaches/volunteers to use in the event of critical first aid needing to be administered.  Where possible, injured person to treat own injury. | Coaches  Captains  All members  Volunteers  Officials | All sessions. |  |
| **Breaches to Government and England Netball guidance** | Players, coaches, officials, volunteers and parents | Information shared in advance to avoid unintentional breaches  Player reminders in place  Persistent, intentional breaches dealt with via club disciplinary process  Review activities after each session to identify any further adaptions that are required  If activity cannot be safely managed, cease activity | RNC pledges to adhere to all Government and EN guidance. | SP  All members | On going. |  |