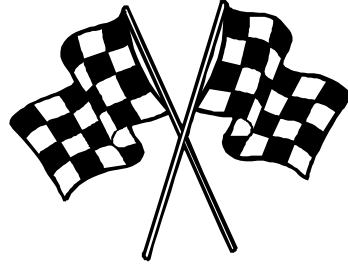




Chequers Netball Club



Easter 2013

Bonus Ball Winners

Oct 12 -4 Lorraine

Hiscock

Nov 12-10—Anna Carnt

Dec 12—1- Valerie

Martin

Jan 13—2 Jane Phillips

Feb 13- 39—No winner

Mar 13- 11—Tracey

Pocock

If you haven't yet claimed your £25 please contact Mel Jones, our treasurer

Level 2 Coaching Awards

Congratulations to Leanne Watson Charles, Jamie Harbottle Joyce and Stacey Clarke for passing their level 2 coaching course. Here Leanne tells us what the course entailed, 'The course was five days, covered over 3 weekends. It consisted of learning about different coaching styles, what skills we should be coaching and how to coach them. We also learned about issues outside a coaching session, for example, Long Term Athlete Development (LTAD), nutrition, drug abuse and different learning styles. Outside these five days, we were required to complete four linked coaching sessions on a self selected attacking or defending principle, as well as other homework! Jaime and Stacey used their Back 2 Netball sessions and Leanne used the seniors to complete their linked sessions. On the fourth day, all candidates were assessed by one of the tutors in order to prepare for the external assessment on the fifth day. All three passed their assessment with flying colours!'. We look forward to your coaching sessions!



Happy 21st Birthday Kirsty!

In February Kirsty celebrated her 21st birthday along with some of her Chequers friends, Kirsty plays for the A team and has been a member of our club since she first started in the juniors when she was 14.

Chequers go and see Surrey Storm in action

Chequers got the opportunity to go and see Surrey Storm NC back in February organised by our very own social secretary Clare Timmins. Surrey Storm played Hertfordshire Mavericks, the game ended with Surrey Storm winning 57-48, it was a great opportunity to see netball played at a much higher level.

If you have any other ideas of social event you would like Clare to organise please contact her on clare.timmins@hotmail.co.uk

Back To Netball

Chequers are trying to raise the numbers of their Back To Netball sessions which take place on Wednesdays 730-9pm at Croydon High School, if you know someone that wants no commitment netball and may be hasn't played for a while let them know about our sessions. If you have somewhere you could put up a poster to encourage people to come along please contact anna.stone@hotmail.co.uk

A note to Juniors ...

If any juniors would like to come and see any senior games you are more than welcome to come along, we mostly play on a Saturday at Shirley High School. The weekly fixtures are put on Cheques Facebook page every week. It would be great to see some of you there!

